



In Tune with the Spirit

"Since we live by the Spirit, let us keep in step with the Spirit." Galatians 5:25

As I listened to the piano tuner work on the elegant grand piano, I thought about the times when I'd heard that very same piano pour out the incredible sound of the "Warsaw Concerto" and the rich melody of "How Great Thou Art." But now the instrument desperately needed to be tuned. While some notes were right on pitch, others were sharp or flat, creating an unpleasant sound. The piano tuner's responsibility wasn't to make each of the keys play the same sound but to assure that each note's unique sound combined with others to create a pleasing harmonious whole.

Even within the church, we can observe notes of discord. People with unique ambitions or talents can create a jarring dissonance when they're joined together. In Galatians 5, Paul pleaded with believers to do away with "discord, jealousy, fits of rage, [and] selfish ambition," which would destroy fellowship with God or relationships with others. Paul went on to encourage us to embrace the fruit of the Spirit: "love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control" (vv. 20, 22–23).

When we live by the Spirit, we'll find it easier to avoid unnecessary conflict on nonessential matters. Our shared sense of purpose can be greater than our differences. And with God's help, each of us can grow in grace and unity as we keep our hearts in tune with Him.

By: Cindy Hess Kasper - Taken from odb.org

PUTTING WORRY IN ITS RIGHT PLACE

Pastor Jim Huzzey - Saturday 16th May 2020

JOIN US
AT 11AM
ONLINE

Watch the [Traditional Service](#) with Pastor Jim Huzzey

Watch the [Parallel Service](#) online

[Watch your favourite service on our YouTube Channel](#)

[SEC WEEKLY UPDATE THIS WEEK HIGHLIGHTS THE ONE VISION
PROJECT](#)

Announcements / News

- **Online Zoom Security Precautions:** [Make sure your zoom settings are ensured to avoid scrupulous individuals controlling your online meetings.](#)
- **Prayer Meeting on Wednesday at 7pm.** Please join us and be encouraged by a beautiful message. Zoom Meeting ID: 863 3281 2854 Password: 063944.
<https://us02web.zoom.us/j/86332812854?pwd=ZWV4ZW84OW92dm9lOUUnRGQ3NWl0UT09>

Tithes and Offerings by Bank Transfer to Stanborough Park Church

Sort Code: 60-00-08 - Account Number: 40650561

Account Name: Stanborough Pk Church - Account Type: Business

Reference: Name and Gift Aid No.

If using Gift Aid or funds other than church budget offering or you need a receipt please email the treasury department with the

details. treasury@stanboroughchurch.org

Offerings by Text Giving. Text SDA STANPARK: to 70500 to give £5 per week; to 70300 to give £3 per week; to 70100 to give £1 per week. Text STOP to the same number to stop weekly donations.

If you would like to privately share a **PRAYER REQUEST** with the Prayer Ministries Team and Pastoral Team, please send an email to

prayeratstanborough@gmail.com

The Primary Sabbath School If you and your family are interested in joining, please email Naomi Burgess (naomisburgess@gmail.com) to register your interest.

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- **Junior Sabbath School** from 10am <https://us04web.zoom.us/j/399054018>
Meeting ID: 399054018

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- **Earliteen Sabbath School** (14-16 yo) at 9:45 am
<https://us02web.zoom.us/j/84738372641?pwd=dnR4Wi9YMHZlSTBSWnd0UjFfLNG5wUT09>
Meeting ID: 847 3837 2641 Password: 480263
Download the lesson: www.realtimefaith.net/ Encourage your children to attend.

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- **Kindergarten Sabbath School** For information about how to join the kindergarten Sabbath school please contact Ruth at kindergartensabbathschool@yahoo.com

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- **Online Youth + Young Adult Sabbath School** every Saturday at 9.45am via zoom: <https://bit.ly/2VaYcqX>. The online study material can be found on <https://bit.ly/2XYvMDo>. Hope to see you all on Zoom!

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- **Cradle Roll Programme** Sabbath at 9:45am on [Youtube](#) and Facebook.

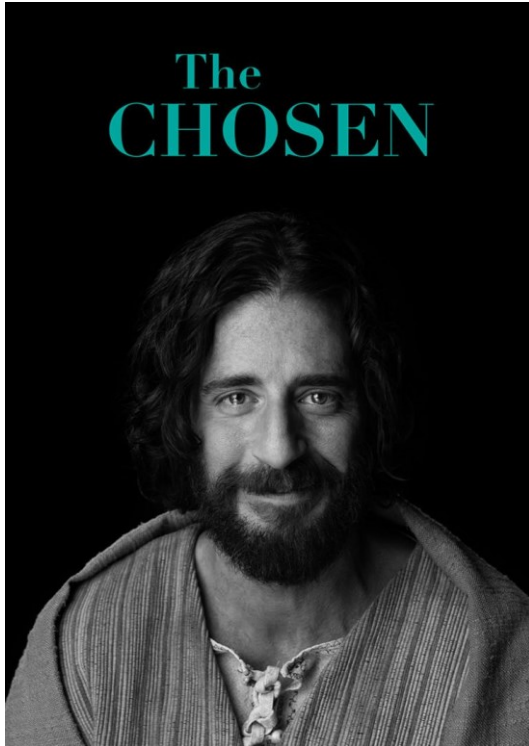
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- **Stanborough Park Church Hub COVID-19 Response** Stanborough Park Church has a rich history of meeting community needs for well over 60 years. [Read more.](#)

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- **Women's Ministry** on Saturday 16th May from 3-5pm. Please join us for this moment of reflection and prayer. Zoom ID: 250-966-5133, Password: 243467.

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- **Daily Study Guides** for the next quarter are now available. Now more than ever we need to study for ourselves and especially our children. You can purchase your lesson study directly online www.lifefsourcebookshop.co.uk or call the Press on 01476 591 700 or send an email to sales@stanboroughpress.org.uk

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- **One Vision commemorates VE Day and Stanborough Park Church.** [Read here.](#)

- One Vision opens a Watford COVID-Hub at Stanborough. [Read here.](#)



The Chosen - Join our watch party

We are hosting a watch party on **Saturday evenings at 7pm** to watch the series The Chosen together.

This is an independently funded multi-series story of the life of Christ and of those who He comes into contact with.

A watch party means that we can view the film at the same time, and communicate via the typed chat. It is a closed group and only the administrators can allow access to individuals, so anyone we don't recognise will not be allowed in.

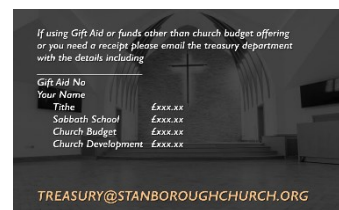
If you would like to join us, please request membership of the Facebook group: Stanborough Park Church Youth. If you could kindly join by 6.45pm so that we can begin promptly at 7pm - each episode lasts approx. 55 minutes. There are some brief scenes which may require parental guidance and we recommend 12-16yo should be watching accompanied by an adult.

You can preview the first episode here:

<https://www.youtube.com/watch?v=craeyJdrCsE>

Any questions please speak to any member of the Youth Committee or email youth@stanboroughchurch.org

- If you'd like to be kept in contact with youth events, please message youth@stanboroughchurch.org with the message KEEP IN TOUCH. Please send your email or phone number for WhatsApp.



Cradle Roll Sabbath School
- May 2020



Children's Corner: Saying Thank
You to God - Karen Holford

Day by Day - Sangbin Jung



The Holy City Sixteen Strings

Forgiveness | Locking down, Reaching In | Prayer Meeting



ADRA COVID-19 Emergency Appeal



[Invite a friend to subscribe to the eBulletin](#)



CONTACTS

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Stanborough Park College of Music info@spcm.org.uk

Treasury Department treasury@stanboroughchurch.org

Bulletin Deadline Wednesday 6pm bulletin@stanboroughchurch.org

www.stanboroughchurch.org

Stanborough Park Church is part of the [Seventh-Day](#) Adventist Church
609 St. Albans Road, Watford, [WD25 9JL](#)

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