



Navigating the Storms of Life

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As we navigate life, there are often times when life gets so overwhelming we feel disoriented. A cancer diagnosis, the death of a loved one, a job loss, a betrayal by a friend—life's unexpected tragedies can easily leave us feeling lost and confused.

When we find ourselves in these kinds of situations, we might try offering the prayer of Psalm 43. In this psalm, the psalmist is overwhelmed and feeling lost because he feels surrounded by evil and injustice. In despair, the psalmist pleads with God to provide His sure guidance to help him safely navigate through the situation to his desired destination, God's presence (vv. 3–4). In God's presence the psalmist knows he'll find renewed hope and joy.

What are the tools the psalmist requests for guidance? The light of truth and the assurance of God's presence by His Holy Spirit.

When you're feeling disoriented and lost, God's faithful guidance through His Spirit and loving presence can comfort you and light your way.

By: Lisa M. Samra - Taken from odb.org

THE THIRD ANGEL'S STORY: THE WORST THING GOD CAN DO

Pastor Patrick Johnson - Saturday 17th July 2021



Watch the Communion Service online with Pastor Patrick Johson



The Parallel Service will be at the park 12pm (weather permitting)

Announcements / News

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Women Ministry programme is held twice a month, the next programme will hold on Saturday 31st July. For all enquiries, please contact Mrs Wumi Idowu.

- **Lockdown News June** - [READ HERE](#)
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- **Services will be live during the month of July.** If you wish to attend the services please contact Audrey Balderstone (abalderstone@btconnect.com) or Roger Murphy (rt.murphy@hotmail.com) who will assist to accommodate you.
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- **Parallel Service:** Weather permitting the Parallel will worship from 12 noon onwards in the park (Stanborough Park) on 17th July. People can bring garden chairs or mats and a picnic if they want. If the weather does not allow, then Parallel will meet with Zoom as usual. Meeting ID: 840 134 7522 Passcode: 2007691
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Uchejbc@yahoo.co.uk

For information about **Junior Sabbath School**, please email:

spcjuniorss@gmail.com

For information about **Primary Sabbath School**, please email:

ekansere@gmail.com

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ishida.yvonne@gmail.com

- **ADRA ANNUAL APPEAL**

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1. Register using our online form at <https://adra.org.uk/walkforadra>
2. Create your Just Giving profile/page
3. Download the tracker, or use your phone health app/ watch to keep track of your miles walked then report your miles to us through our online form.
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Traditional Worship Service - 17th July

Welcome & Announcements - Ben Davison

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Opening Hymn NAH 60: This is My Father's World

Tithes & Offerings - Ben Davison

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Family Prayer -

Musical Item: "I Need Thee Every Hour" - Trisha Mae Feticio

Sermon - The Third Angel's Story: The Worst Thing God Can Do - Pastor Patrick Johnson

Closing Hymn 637 NAH: All the Way
Benediction - Pastor Patrick Johnson

Staying safe from email fraud and scams

Every day over 3 billion emails are sent globally, trying to trick recipients into sharing private details that will allow the fraudsters to access your bank accounts or to trick you into sending them money directly. The fraudulent emails appear real. They might come from a name you know or will phrase emails in a way that seems familiar to you, perhaps even suggesting they are an Adventist in financial need. Here are 4 things to look out for that could indicate an email is a scam.

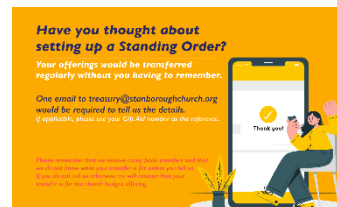
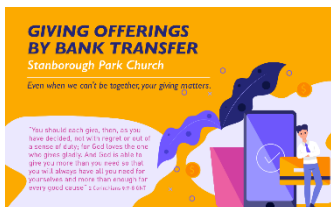
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Unfortunately, scams are not restricted to emails. We get phone calls too. Sometimes they have recorded messages, sometimes a real person, asking you to confirm information or wanting to talk about a car accident, tax underpayment, a computer fault, an insurance claim and such. Please do not engage in a conversation... Simply hang up.

If you'd like more advice please contact us as Pastoral Team and we will be happy to advise and further support.

Stay Safe and Blessed!





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Cradle Roll Sabbath School - July 2021

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16 July 2021 - Sunset Time 9:12 pm



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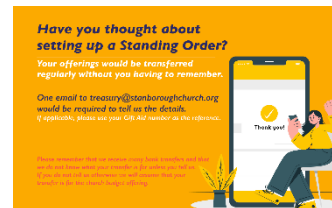
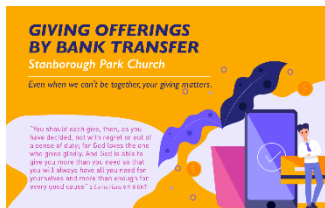
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